

NORTH EAST VALUE MAKER NEWSLETTER

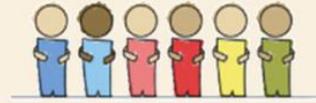
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ISSUE 3

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**FUTURE
FOCUSED
FINANCE**



“Work Life Balance”

Welcome to Issue 3 of the North East Value Maker Newsletter.

Whilst there is never a quiet time in finance, the last few weeks has been particularly hectic for me with a number of workstreams’ heating up at work and also NHSI releasing both the new National Tariff Proposals and also the planning indication letter. In addition to this, I’m off on Holiday next week which has meant a few late nights and countless hours getting my work to a point I was comfortable leaving or more so, comfortable getting back to. That got me thinking around Work Life Balance, how do you achieve it and any Top Tips? Listening to a various career stories, a question that is often is asked is “What advice would you give a 30 year old you?” and the answer given is often “To spend more time with those you love – your friends and your family as it is time you never get back”.

I like to think that I am fairly good at work / life balance and try to cram as much into my personal time as possible but also feel I could to better and also always love to hear from others to hear from others for any advice, techniques etc. - So please do fire me your suggestions through and I’ll summarise on a subsequent newsletter including my own top tips.



National Value Maker Conference

I’d firstly like to thank the FFF Team for putting on a fantastic national Value Maker conference in September. Record Attendance, Great Content and Great Networking.

I’m purposefully going to bypass going into any further detail in this letter and will save for the November Issue as I really want to do this justice, include any Slides from the day where possible and share as much as possible the good stuff. For anyone who was there on the day, I know there were a few – please email me and I will combine with my own thoughts and feedback.

Skills and Contact Database

Skills and Contact Database



NEVM Contacts.xlsx

As promised – this will be included as a constant item to the newsletter. If any information is correct or if you would like your skills adding – please drop me an email (Rikki.siddle@nhs.net) and I will duly update.

National Tariff Guidance



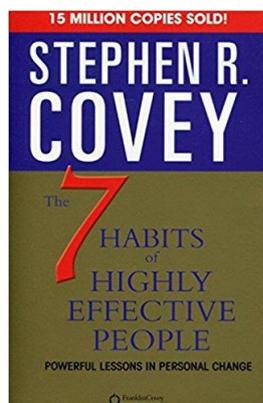
17102018 National Tariff Proposals.pptx

National Tariff Proposals were released on the 9th October 2018 and I prepared a presentation which summarises both the key proposals and a couple of heads up points from the planning letter.

In the interests of sharing – please find embedded this presentation, either for your own consumption or to avoid duplication if this is something you were looking to pull together.

Recommended Reads

This month we have not 1 but 3 recommended reads from Samantha Robinson with a brief introduction to each included alongside;



In THE 7 HABITS OF HIGHLY EFFECTIVE PEOPLE Stephen R. Covey presents a holistic, integrated, principle-centred approach for solving personal and professional problems. With penetrating insights and pointed anecdotes, Covey reveals a step-by-step pathway for living with fairness, integrity, honesty and human dignity - principles that give us the security to adapt to change, and the wisdom and power to take advantage of the opportunities that change creates. 'Fundamentals are the key to success. Stephen Covey is the master of them.

Watch his talk from the London Business Forum here to wet your appetite - <https://www.youtube.com/watch?v=-sGsX9q0FqE>

Thanks for the recommendation Shirley 😊

Inspirational Videos



A Teacher Valuable Life Lesson

Linked to the topic of this newsletter, please do watch this powerful video which through the use of jar, golf balls, beads, sand and beers, the teacher cleverly represent the essential focus of life

<https://www.youtube.com/watch?v=-e6cYwKlmi0&feature=youtu.be>



Northern Branch Conference – 16th November - Durham

The HFMA northern branch would like to announce that their conference is now open for booking via the following link :

<https://www.hfma.org.uk/our-networks/branches/northern/events/event-details/northern-branch-annual-conference-2018>

The brochure is attached for your information.

Collegial Conversations – 29th October 2018 - Durham

Additionally the branch have arranged an event on challenging conversations with colleagues which is free to members and £30 for non-members.

Delegates can book this via this link ;

<https://www.hfma.org.uk/our-networks/branches/northern/events/event-details/northern-branch-collegial-conversations>

Training Opportunities / Resources

Skills Development Network

Are you a member of the **Skills Development Network**? If not I would **highly** recommend that you join – would you really want to be missing out on training and development opportunities for finance, procurement and informatics staff across the whole of the NHS?

Join now here - <https://www.skillsdevelopmentnetwork.com>

The below details some of the excellent up and coming events which are available for booking;

[Relationship Building for Influence & Impact](#)

Thursday 25th October 2018

[How to implement advanced storytelling techniques to bring to life the numbers](#)

Tuesday 27th November 2018 (Full Day)

[Communicating with Excellence \(Band 1 - 6\)](#)

Tuesday 29th January 2019 (Full Day)

[Communicating with Excellence \(Band 7+\)](#)

Wednesday 30th January 2019 (Full Day)

[How to influence your major stakeholders - the tools and techniques of strategic influence](#)

Thursday 14th & Friday 15th February 2019 (2 Full Days)

[Forecasting & Financial Modelling](#)

Tuesday 19th February 2019 (Full Day)

[Full Detail available via each of the links above](#)

Coaching via NELA



Whether you're an established user of coaching, just starting out or thinking about becoming a coach or coachee – please visit the website below;

<https://www.nelacademy.nhs.uk/coaching-resources>

From this, you can apply to be coached or can apply to be trained as a coach to help you get the most out of your coaching relationships.

Recruit a Value Maker



Do you know someone who has the drive and energy to become a value maker or do you know from an organisation that could benefit by being part of our movement? Point them in this direction to sign up

<https://www.futurefocusedfinance.nhs.uk/value-makers>

Application Form [Here](#)

Feedback

All contributions and ideas welcome for the further development of this monthly newsletter – please fire through any suggestions to Rikki.siddle@nhs.net

